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جمعية النساء العربيات في الأردن
Arab Women Organization of Jordan



SOS CHILDREN'S
VILLAGES
JORDAN

المجلس الوطني لشؤون الأسرة
NATIONAL COUNCIL FOR FAMILY AFFAIRS

بالشراكة مع:

Violence is not a destiny

Together, we can change the story



Violence against women and girls remains a painful reality that threatens the safety of women and girls around the world and hinders women's economic and political participation. It also has an impact on families and communities

- “ 1 in 3 women are subjected to violence.
- “ In Jordan, more than a quarter of women have experienced violence by a partner or family member.
- “ Most women do not seek help due to fear or lack of knowledge on available services.

But change is possible... and prevention begins with the first step: education and awareness

What is Prevention?



Prevention of violence against women and girls refers to the efforts aiming at stopping violence before it occurs. Prevention addresses the root causes of violence, underlying attitudes, social norms and behaviours that support the perpetration of VAWG. Prevention promotes equality between women and men.

Let us stop violence before it starts. Educate, empower, and act.

How do we achieve prevention?

● Education and Awareness

Raising awareness and teaching communities on the forms of violence, its effects, and ways to confront it creates an environment that rejects violence from the outset.

● Personal Empowerment of Women and Girls

Education, economic independence, knowledge of rights, and building self-confidence are all factors that reduce the likelihood of experiencing violence.

● Legal and policy measures

Adopting and implementing laws and national policies and frameworks to combat VAWG and to criminalize it contributes to enhancing the protection of women and girls.

● Engaging Men and Boys

Changing misconceptions about masculinity and promoting concepts of respect and equality prevents the normalization of violence. Men can become active allies in preventing violence.

● Challenging Harmful Norms and Stereotypes

There is a need to change cultural attitudes that tolerate or justify violence and puts the blame on the victims/survivors.

● Early Reporting and Rapid Intervention

The earlier violence is reported, the less likely it is to escalate into physical or fatal violence.

● Improving Support and protection Services

There is a need to strengthen and promote the legal protection of survivors, healthcare services, psychosocial counselling, shelter services for women and girls facing immediate danger.

● Economic Protection

Economic empowerment and vocational training programs can be provided to strengthen women's independence and reduce their financial dependence on their abuser.



Prevention begins with awareness:

- Recognizing the early signs of violence (control, humiliation, isolation, etc.).
- Breaking the silence at the first unacceptable behaviour.
- Not normalizing emotional, psychological, or economic violence.

Reporting = Prevention

- Reporting does not just mean the end of violence. it is a step towards protection and prevention.
- Reporting protects.
- Reporting delivers the message: "Violence against women and girls is unacceptable."

How do services contribute to prevention?

- Prevention is our collective responsibility.
- Prevention is possible... and effective.
- Because violence does not stop on its own.
- Every awareness session = prevention.
- Every woman who seeks support = a story of violence stopped.
- Every legal consultation = an informed decision.
- Every vocational training = independence and autonomy.
- Every counselling session: a step further to healing.
- Services are not just a response... they are means of prevention.

Impact of accessing services



- The more we support survivors, the more we break the cycle of violence.
- Every service available to victims is a protective weapon in their hands.
- Every report made is a protection for others as well.
- Psychological support decreases the likelihood of relapsing into the cycle of violence
- Legal support empowers women to take steps to legally protect themselves
- Safe shelters provide temporary separation that ensures safety and prevents recurring violence
- Economic support and participation enhance women's access to resources, increase their confidence, and ability to escape abusive situations
- Women who receive awareness about their rights and methods of preventing violence are up to 40% more likely to seek help and report violence early.
- Economic empowerment programs for women have reduced return rates to protection centres such as Safe Homes by 15% over the past two years.
- Knowing your rights is the first step to protecting yourself.
- Knowing available services is your path to accessing appropriate support.



Seeking help is strength, not a shame. Together let's Support survivors

Her life without violence - Her future without fear

If you or someone you know has experienced violence, there are comprehensive, free, and confidential support services available to help you.

● Tafilah Women's Charitable Society (Tafilah)

offers you and your family free and confidential services, such as legal consultations, psychosocial support sessions, and specialized awareness programs for a safe family.

● Family Awareness and Counselling Center/Housewives Association (Zarqa)

offers awareness programs to combat violence, programs for directly dealing with perpetrators of violence, and mental health care, especially for women and young women, in addition to life skills and economic empowerment.

● Arab Women Organization (Irbid)

offers life skills programs, vocational training, referrals, and case management for victims of violence, psychosocial support, as well as legal and community consultations and awareness.

● The Family Health Care Institute (with centres spread across the Kingdom)

provides medical services and psychological counselling, as well as programs on anger management, social violence, and stress and anger management.

● SOS Children's Villages (Amman-Irbid-Aqaba)

provides safe homes for women survivors of violence and their children and offers psychological and health care services to support recovery and reintegration into society.

● The Justice Center for Legal Aid (Amman-Irbid-Karak-Zarqa-Aqaba)

provides information about your legal rights in all types of legal cases and provides appropriate and free support.

To find the support that's right for you, scan the QR code for a guide to all services available in Jordan.

Every woman who accesses a service is a step toward a safer society.





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